

# Center GYROTONIC® Teacher Trainings 2011

125 NE Killingsworth  
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www.centergyrotonic.com

To register please download the registration form on the teacher training page and send in with the necessary information and registration fees.

All courses are taught by Master Trainer Emma Kingston unless otherwise noted.

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## **August 2011**

### GYROKINESIS® Certified Instructor Update

*Prerequisite: Must be a certified instructor for at least 6 months.*

Dates: August 19th-21st

Hours 10-12 & 1:30-3:30pm

Studio Fee \$150 (due to register by August 1<sup>st</sup>)

Tuition \$350 (due by the first day of the course)

### GYROTONIC® Supervised Apprentice Review Course (1st of two courses)

*Prerequisite: The foundation course plus 20 hours of teaching, minimum.*

Dates: August 26th-28th

Hours: 10-1 & 2:30-5:30pm

Studio Fee \$150 (due to register by August 1<sup>st</sup>)

Tuition \$350 (due by the first day of the course)

## **September 2011**

### GYROTONIC® Special Application for Healing & Rejuvenating the Feet & Hands

Created by Master Trainer Emma Kingston

Approved by Juliu Horvath

Course will be held in Boulder Colorado at GYROTONIC® Boulder

For more info & registration, please visit their website

[www.gyrotonicboulder.com](http://www.gyrotonicboulder.com)

Dates: September 9th -11th

Studio Fee \$150

Tuition \$350

### GYROKINESIS® Pretraining Course

*Prerequisite: Take at least 4 GYROKINESIS® classes. This is designed to prepare the student for the intensity of the Foundation Course.*

Dates: September 19th -24th

Hours: 10-12 & 1:30-3:30pm

Studio Fee \$150 (due to register by September 1<sup>st</sup>)

Tuition \$550 (due by the first day of the course)

\*\*Foundation for this course is scheduled for December 2011

## October 2011

### GYROTONIC® Level 2 Prep Course

Counts towards your level 1 update!

Dates: October 15th-17th

Hours: 10-1 & 2:30-4:30pm

Studio Fee \$150 (due to register by Oct 1<sup>st</sup>)

Tuition \$350 (due by the first day of the course)

### GYROTONIC® Certified Level 1 Update Course

There have been some changes! Great time to freshen up on your basics!

*Prerequisite: Must be certified.*

Dates: October 29th -31st

Hours: 10-2pm each day

Studio Fee \$150 (due to register by October 1<sup>st</sup>)

Tuition \$350 (due by the first day of the course)

## **November 2011**

### GYROKINESIS® Beginner Level 2 Course

*Prerequisite: Complete the Level 1 Course.*

Dates: November 7th -12th

Hours: 10-1 & 2:30-4:30pm

Studio fee \$150 (due to register by October 15<sup>th</sup>)

Tuition \$750 (due by the first day of the course)

### GYROTONIC® Supervised Apprentice Review Course 2 of 2

(You must have attended the 1st Apprentice Review Course in August)

Dates: November 18th - 20th

Hours: 10-1 & 2:30-5:30pm

Studio Fee \$150 (due to register by November 1<sup>st</sup>)

Tuition \$350 (due by the first day of the course)